

Pectoral Augmentation

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Female breast surgery has been popular for quite some time. Both augmentations and reductions are done with increasing frequency and success. Not surprisingly, many men also wonder about the possibility of chest enhancement through plastic surgery.

The fact is that some body types do not achieve chest muscle tone and definition as easily as others. Even with exercise, some men will not be able to see the desired results simply from working out the chest area. The pectoral implant procedure is designed to increase the chest size and shape by inserting implants made of solid silicone under the real muscle.

Like many other cosmetic enhancements, this procedure gives men a chance to aesthetically enhance an area of the body through surgery when no other alternatives are available or desirable. Male pectoral implants are designed to define and shape the chest area.

Pectoral implants can help build self-confidence in individuals who were once embarrassed by their appearance. In the hands of a skilled surgeon, the result is the athletic, natural appearance of a more well-proportioned torso.

Implants come in different shapes and sizes. Dr Wigoda will help you pick out the one that is best for the shape and size of your chest. The goal is an implant that will appear as natural and realistic as possible.

How is pectoral implant surgery performed?

The procedure is performed by making a small incision in the armpit, dissecting the pocket, and then inserting the implant. The implants are placed under the pectoral muscle. The incisions are then sutured and the surgery is complete.

How long does the surgery take?

Pectoral implant surgery usually takes between one and two hours to complete and is typically done under a general anesthesia. Pectoral implant surgery is done on an outpatient basis. This means that you will be able to go home almost immediately afterward.

What is the recovery period like?

Full recovery from pectoral implant surgery can take as long as six weeks. However, most patients are able to resume all activities within a month.

What is the long-term outcome like for most people?

Most people are pleased with the results of pectoral implants. The implants themselves are designed to last a lifetime. Barring significant complications, secondary surgery is rarely needed. The results of pectoral implants are different for every individual. Remember that depending on your body shape and size, having the biggest implant may not be the most desirable option.

Other information:

In some cases, pectoral implants can be combined with liposuction in order to create optimal results. The fat around the chest area may be removed before the implants are inserted. The combination of these two procedures can give the implants a greater amount of definition.

Many patients become concerned with the similarities between male and female breast implants. It should be noted that the pectoral implants are not made from the same silicone material used in female implants. For men, the material is actually a solid yet soft material (similar to the material often used in athletic mouthguards) that cannot leak or break.

Remember that, while pectoral implants affect the way that your chest muscles look, they do not affect the function. Movement and activity should not be restricted or hindered after full recovery. On the other hand, the silicone implants in no way add strength or power to the existing muscles.

Pectoral Augmentation Photos

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