

Tummy Tuck

Abdominoplasty

To see some abdominoplasty (Tummy Tuck) photos, please click [here](#)

Surgery of the Abdomen/"Tummy Tuck"

A flat stomach is important for a physically fit appearance. However, a healthy diet and regular abdominal workouts can sometimes do little to eliminate accumulations of excess fat and loose, sagging skin in the abdominal area. If you are bothered by these appearance problems, abdominoplasty (also called tummy tuck) may be a good choice for you.

You may be a good candidate for abdominoplasty if you have one or more of the following conditions:

- Excess fat or loose, sagging abdominal skin
- An abdomen that protrudes and is out of proportion to the rest of the body
- Abdominal muscles that have been weakened by pregnancy or aging
- Excess fat that is concentrated beneath the abdominal skin

How is abdominoplasty performed?

Generally, a horizontal incision is placed just within or above the pubic area. The length of the incision depends largely on the amount of skin that needs to be removed.

For women, the incision is kept within swimsuit lines, when it is possible. Working through this incision, Dr. Wigoda may tighten the underlying muscles by pulling them together and suturing them in place. Any excess skin from the lower abdomen is trimmed away.

Typically,
attractive navel is designed.

an incision is made around the navel and a

new, more

[Abdominoplasty](#)

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Frequently asked questions:

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