

Gynecomastia

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Gynecomastia: Breast Reduction in Men

Gynecomastia is a medical term that comes from the Greek words for "woman-like breasts." Gynecomastia affects an estimated 40 to 60% of men. It may affect only one breast or both. There is no known cause in the vast majority of cases. For men who feel self-conscious about their appearance, breast reduction surgery can help. The procedure removes fat and or glandular tissue from the breasts, and in extreme cases remove excess skin, resulting in a chest that is flatter, firmer and better contoured.

How is cosmetic gynecomastia performed?

If excess glandular tissue is the primary cause of the breast enlargement, it will be excised, or cut out. An incision is made in an inconspicuous location.

If your gynecomastia consists primarily of excessive fatty tissue, Dr. Wigoda will likely use liposuction to remove the excess fat. A small incision, less than a half-inch in length, is made around the edge of the areola. A cannula, which is attached to a vacuum pump, is then inserted into the incision. The cannula is moved through the fat suctioning it out.

In some cases, excess skin may have to be removed to allow the remaining skin to firmly re-adjust to the new breast contour.

Gynecomastia surgery can enhance your appearance and self-confidence. The results of the procedure are significant and permanent.

Gynecomastia Photos

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